



**Class: Spontaneous Process Painting**

**Instructor: Bevie LaBrie**

### **Please Bring the Following**

- One chosen non-paper surface
  - medium to large; wood, drywall, canvas, etc.
  - At least 3 x 5 or 4 x 4-feet
- Brush set
- Favorite writing journal and writing tool
- Sponge/Mark Making Tools
- 10 – 15 pre-cut images without words to be collaged
- Art materials of choice including any of the following:
  - Acrylic
  - Watercolor (Bevie recommends Dick Blick Liquid WaterColor Set)
  - Pastel
    - Bevie recommends Portfolio Series Water Soluble Oil Pastels
  - Oil
  - Collage images
  - Mod Podge
  - Black gel pens
  - Water soluble pencils/crayons/oil pastels

Optional: Any additional textured papers or found objects for stamping and mark making.

### **Student Learning Outcomes**

- Students will discover how creating mixed-media work on one surface reflects their life experience, wisdom, desire, joy, resistance, and their own visual voice.
- Themes such as mindfulness, acceptance, trust in self, and painting as journey rather than as destination will be woven throughout.

